



## Transitions-Mental Health Association

*Inspiring hope, growth, recovery and wellness in our communities.*

Thank you to all of our community partners and agencies for the information and support you all have been providing during this very challenging time.

Due to our local, state and government officials declaring COVID -19 (coronavirus) a health emergency we have had to make some difficult decisions as to how we will be providing services to the community members we serve while protecting their health and safety and that of our staff. Effective Monday March 16, 2020 the following changes will be implemented at our programs.

**Recovery Learning Community:** The centers in Santa Maria and Lompoc will be closed for in-person services including groups, outings and events. Staff will be reaching out to members to provide 1:1 services via phone during regular business hours as stated below. Orientations and follow-ups on referrals will be postponed until the centers reopen. Food bank and take home lunches will be available on a limited basis. The RLC staff will keep members informed of what food programs will be available each given week. The Santa Maria RLC staff will continue to be available during regular hours by phone Monday through Thursday 8-4 and Friday 9:30-12:30. Lompoc RLC hours are Monday 1-4 and Tuesday through Friday 8-4. For further information, please contact the RLC manager Steve Greene at 805-928-0139.

**SM- Supportive Community Services and Lompoc ACT:** In-person services will continue on a limited basis for essential individual services only. Telephone and telehealth services will be utilized where possible. Limited transportation will be provided during this time to ensure the health and safety of clients and staff. All groups, outings and events will be postponed. Crisis and urgent services will be performed while observing CDS guidelines on preventative safety measures. For further information about Supportive Services please contact Team Leader, Jenna Reyes at 805-614-4940 and for Lompoc ACT please contact Team Leader, Zillah Hodgkins 805-865-1940

**Family Services:** Our family support specialists in Santa Maria and Lompoc will be postponing their weekly family support groups. They will be providing 1:1 support via telephone during this time. Critical in person services will be determined on a case by case basis in which case our support specialists will be utilizing preventative measures including social distancing. NAMI Family to Family classes which are being held at Dignity Healthy are also being postponed at this time as well. For further information, please contact Family Services Manager, Shawn Ison at 805-540-6571.

We will be assessing the safety of opening all our facilities and operating at full capacity on an ongoing basis with the guidance of local health officials. We are committed to joining our community partners with containing the spread of this virus. We hope to resume full services as



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soon as it is safe to do so. Updates will be posted at each of our sites and on our website at [www.t-mha.org](http://www.t-mha.org)

Thank you for your understanding and support.

Christina Harney, LMFT  
Santa Barbara County Programs Director  
Transitions-Mental Health Association